Get in the G.A.M.E.

© Charlotte Dilly News May 2020

As a former tennis player, a Social Worker and a LOVER of pickleball, USAPA Ambassador Taylor Taylor of Memphis TN has founded the non-profit G.A.M.E. (Group Activities Meaningful to Everyone) to promote the physical, emotional, mental and relational health of individuals, families and whole communities.

As we all know, Pickleball is the "perfect" sport. It provides opportunity for intergenerational socialization, community building, physical activity, confidence boosting and simply good 'ole FUN! Taylor asked: "What if we took pickleball and relational development into communities that might lack opportunities and resources? What if we added social-emotional learning to the equation? What if we provided a safe space for physical activity? Add it all together and you get: G.A.M.E.!"

The G.A.M.E. curriculum for "Pickleball with Purpose" is based on Adverse Childhood Experiences (ACEs) research (click here for more info about <u>ACEs</u>). Normalizing the conversation about these harmful behaviors helps to stop the perpetuation of developmentally damaging family dynamics. G.A.M.E. opens the door for learning, dialogue about life-skills like integrity, "Serve and Return Communication", empathy and impulse control while playing Pickleball.

Want to "get in the G.A.M.E."? Taylor says, "Part of our mission is to grow the footprint of programming by introducing the curriculum around the country. We can train you and your friends to facilitate classes at your local Boys & Girls Club or neighborhood community center. Please visit our <u>G.A.M.E.</u> website and subscribe to receive updates on classes, special events and fundraisers (like our Pickleball tournament, Fall 2020) or email us for more info. Pickleball is having a huge impact on this country (and the world); get involved and help us expand that positive impact!!"

